

JUSTIN GUARIGLIA



# SHAOLIN TEMPLE OF ZEN

aperture

**SHAOLIN TEMPLE OF ZEN**

*To my friend  
Christian Cappelluti  
He has an inspiration to me  
to work hard!*

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by JUSTIN GUARIGLIA

*foreword by* SHI YONG XIN,  
*Abbot of the Shaolin Temple*

*essay by* MATTHEW POLLY